

STARTERS

SOUP OF THE DAY | £6 (GFO, V)

Homemade soup served with house wheaten bread

CHICKEN CAESAR SALAD | £8 | £14 MAIN (GFO)

Grilled chicken, gem lettuce, crispy bacon, garlic & herb croutons, Caesar dressing and parmesan shavings

SALT 'N' CHILLI SQUID | £8

Crispy fried shredded squid, tossed with our salt 'n' chilli mix, spring onions and bell peppers. Served with wasabi mayo dip

CONFIT CHICKEN WINGS | £7.50 (C)

Confit chicken wings served with tossed salad and a choice of Hot Frank sauce or Hickory BBQ sauce

GOATS CHEESE SALAD | £8 (V,C,N)

Grilled Goats cheese with mixed leaves, baby beetroot, candied nuts and basil dressing

SMOKED SALMON | £9 (GFO)

Donegal's Prime oak smoked salmon, house baked wheaten, baby leaves with a honey and mustard dressing

HONEY CHILLI CHICKEN | £8.50

Crispy fried chicken tossed with spring onions, bell peppers and honey chilli sauce. Served with house salad, garlic Mayo, prawn crackers and toasted sesame seeds.

VEGAN CRISPY CAULIFLOWER BITES | £7.50 (V)

Cauliflower florets fried in a light, crispy batter serve with dressed leaves and siracha sauce

PONDO PIES

SHEPHERD'S PIE | £18 (C)

Ground Sperrin lamb cooked the traditional way with carrots, onions & peas, a rich gravy & topped with creamy mash. Served with a choice of side

BEEF & GUINNESS PIE | £18

Irish beef slow cooked to perfection with carrots, leeks and mushrooms in a rich Guinness gravy topped with a puff pastry lid & a choice of side

BEEF

PONDO BURGER | £15

McAtamney's 6oz steak burger, lettuce, tomato, Ballymaloe relish, grilled bacon & melted cheddar cheese served in a brioche bun with homemade chips

KATSU BEEF CURRY | £17

Tender beef strips cooked in our homemade katsu curry sauce. Garnished with onions and peppers & served with rice, chips or 1/2 & 1/2 (£1.50 extra)

STEAK SELECTION

All our steak are supplied by our local butcher, McAtamney's. All their meat is handpicked and locally sourced. Please allow 20 minutes for a well-done steak

10 OZ FILLET STEAK | £34 (C)

10 OZ SIRLOIN STEAK | £27 (C)

8 OZ RUMP STEAK | £20 (C)

BIRD & BULL (CHICKEN & RUMP) | £27 (C)

All steaks are served with grilled tomato, mushrooms, choice of side & sauce

FISH

FISH & CHIPS | 18

Freshly battered fish, mushy peas, tartare sauce and homemade chips

FISH OF THE DAY

Please ask your sever for details
Fresh catch of the day, creamy champ, chefs selection of vegetables & bacon & leek sauce.
£19 | £21 | £23 depending on choice

SIDES £4

Chips | Garlic Chips | Salt 'n' Chilli Chips
Skinny Fries | Champ | | Fresh Market Veg
Mash | Tobacco Onions | Tossed Salad
Sauté Mushrooms | Boiled Rice

SAUCES £3

Pan Gravy (C) | Bacon & Leek (C) | Peppercorn (C)
An Carn Whiskey (C) | Katsu Curry



the Ponderosa
IRELAND'S HIGHEST BAR & RESTAURANT

A la Carte Menu

www.theponderosabar.com | 028 777 41987 | info@theponderosabar.com

GFO. GLUTEN FREE OPTION | V. VEGETARIAN | C. COELIAC | N. CONTAINS NUTS

BRUNCH UNTIL 3PM

PONDO FRY | £12.50

2 sausages, 2 bacon rashers, soda farl, potato bread, Clonakilty black pudding, grilled tomato, mushrooms, fried egg and beans

ADVOCADOS & EGGS | £8.50 (V)

Toasted sourdough, smashed avocados, 2 free range poached eggs, grilled tomato, dressed with baby leaves. Add bacon £2

SOURDOUGH CLUB SANDWICH | £9.50

Toasted sourdough, baby gem lettuce, sliced tomatoes, grilled chicken & bacon. Drizzled with mayo

PEPPERED BEEF SOURDOUGH SANDWICH | £9.50

Toasted sourdough, sautéed mushrooms, tender beef strips and crispy onions served with a delicious, creamy peppercorn sauce

VEGETARIAN

VEGETABLE KATSU CURRY | £15 (V)

Chef's selection of oriental vegetables cooked in our homemade Katsu curry sauce. Served with rice, chips or 1/2 & 1/2 (£1.50 extra)

VEGAN STIR FRY | £15 (V)

Fresh wok fried vegetables in our homemade honey chilli sauce. Toasted sesame seeds. Served with rice, chips or 1/2 & 1/2 (£1.50 extra)

GOATS CHEESE SALAD | £14 (V.C.N)

Grilled goats cheese served with mixed leaves, baby beetroot, candied nuts and basil dressing.

LOADED FRIES

CHILLI BEEF | £13.50

Succulent chilli beef strips topped with onions, peppers, jalapeños and chipotle sauce

CRISPY SALT 'N' CHILLI CHICKEN | £13.50

Crispy salt & chilli chicken served with onions & peppers, drizzled with sweet chilli mayo

CHICKEN

CHICKEN TOWER | £17 (GFO)

Grilled chicken fillet, mashed potatoes, tobacco onions, smothered in our house sauce:
Bacon & leek, peppercorn or gravy

CHICKEN GOUJONS | £14

Homemade breaded chicken goujons, tossed salad, homemade chips and a choice of dip

CHICKEN & GOATS CHEESE SALAD | £16 (N)

Grilled chicken & goats cheese, mixed leaves, baby beetroot, candied nuts & pesto dressing

KATSU CHICKEN CURRY | £17

Crispy chicken cooked in our homemade katsu curry sauce. Garnished with onions and peppers & served with rice, chips or 1/2 & 1/2 (£1.50 extra)

HONEY CHILLI CHICKEN | £17

Crispy fried chicken tossed with spring onions, bell peppers and honey chilli sauce. Topped with toasted sesame seeds and prawn crackers. Served with chips, rice or 1/2 & 1/2 (£1.50 extra).