

Sunday Lunch

1 COURSE £15.95 | 2 COURSES £18.95 | 3 COURSES £21.95

GFO GLUTEN FREE OPTION | **V** VEGETARIAN | **C** COELIAC | **N** CONTAINS NUTS

STARTERS

CHEF'S HOMEMADE SOUP (GFO.V)

Freshly made soup of the day served with house baked wheaten bread

SMOKED SALMON (GFO)

Served with a garden salad, house wheaten bread & honey mustard dressing

BBQ WINGS (C)

Confit Chicken wings tossed in BBQ sauce served with a mixed leaf salad

SALT & CHILLI SQUID

Shredded Squid tossed with peppers, onions and our secret blend of spices. Served with a salad garnish and a wasabi mayo dip

CHICKEN CAESAR SALAD (GFO)

Grilled chicken, gem lettuce, crispy bacon, garlic & herb croutons, Caesar dressing, parmesan shavings

MAINS

TRADITIONAL ROAST TURKEY*

Roast turkey, ham and herb stuffing parcel. Served with chipolata sausage and topped with a rich pan gravy

PRIME ROAST SILVERSIDE OF BEEF* (GFO)

Served with Yorkshire pudding and smothered in a rich pan gravy

PONDEROSA STEAK BURGER

McAtamney's 6oz steak burger, lettuce, tomato, Ballymaloe relish, grilled bacon and melted cheddar cheese served in a brioche bun with homemade chips

CHICKEN TOWER (GFO)

Grilled chicken fillet, mashed potatoes, crispy tobacco onions & smothered in house sauce: Bacon & leek, peppercorn or gravy

8OZ RUMP STEAK* (C)

Served with your choice of sauce. £3 supp

VEGETABLE KATSU CURRY (V)

Chef's selection of oriental vegetables cooked in our homemade Katsu curry sauce. Served with rice, chips or 1/2 & 1/2 (£1.50 extra)

FISH OF THE DAY*

Please ask your server

***ALL MAINS SERVED WITH TRADITIONAL VEGETABLES, MASHED POTATOES AND ROAST POTATOES**

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www.theponderosabar.com | 028 777 41987 | info@theponderosabar.com

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SIDES £4

Chips | Garlic Chips | Salt 'n' Chilli Chips | Fries | Champ | Mash | Fresh Market Veg
Tobacco Onions | Tossed Salad | Sauté Mushrooms | Boiled Rice

SAUCES £3

Peppercorn (C) | Pan Gravy (C) | Bacon & Leek (C) | An Carn (C) | Katsu

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DESSERTS

CHOCOLATE FUDGE CAKE

Warm chocolate fudge cake served
with vanilla ice cream

HOMEMADE CHEESECAKE

Please ask your server

FRESH FRUIT PAVLOVA (C)

Homemade fresh fruit pavlova served
with fresh cream

SELECTION OF ICE CREAMS (C)

Please ask your server

TEAS & COFFEE

Americano £2.95

Espresso £2.50

Double espresso £3.50

Latte £3.00

Flavoured latte £3.50

Cappuccino £3.00

Flat white £2.50

Tea £2.50

Pot of tea for 2 £3.50

Decaf coffee £2.50

Decaf tea £2.50

Iced latte £3.00

Herbal tea £2.50

Hot chocolate £3.00