

Sunday Lunch

1 COURSE £16.95 | 2 COURSES £20.45 | 3 COURSES £23.95

GFO GLUTEN FREE OPTION | **V** VEGETARIAN | **C** COELIAC | **N** CONTAINS NUTS

STARTERS

CHEF'S HOMEMADE SOUP (GFO.V)

Freshly made soup of the day served with wheaten bread.

CRISPY CHICKEN

Crispy fried shredded chicken, tossed with spring onion, bell peppers, served with baby salad and sweet chilli and garlic mayo dips.

BBQ WINGS (C)

Confit Chicken wings tossed in BBQ sauce served with a mixed leaf salad.

SALT & CHILLI SQUID

Shredded Squid tossed with peppers, onions and our secret blend of spices. Served with a salad garnish and a lime & coriander mayo dip.

CHICKEN CAESAR SALAD (GFO)

Grilled chicken, gem lettuce, crispy bacon, garlic & herb croutons, Caesar dressing, parmesan shavings.

SALT & CHILLI VEGAN STRIPS

Plant based crispy vegan strips, tossed with our salt & chilli mix, spring onions, bell peppers. Served with mixed leaves and a sweet chilli dip.

MAINS

TRADITIONAL ROAST TURKEY*

Roast turkey, ham and herb stuffing parcel. Served with chipolata sausage and topped with a rich pan gravy.

PRIME ROAST SILVERSIDE OF BEEF* (GFO)

Served with Yorkshire pudding and smothered in a rich pan gravy.

PONDEROSA STEAK BURGER

6oz steak burger, lettuce, tomato, Ballymaloe relish, grilled bacon and melted cheddar cheese served in a brioche bun with homemade chips.

CHICKEN TOWER (GFO)

Grilled chicken fillet, mashed potatoes, crispy tobacco onions & smothered in house sauce: Bacon & leek, peppercorn or gravy.

80Z RUMP STEAK* (C)

Served with your choice of sauce. £3 supp.

VEGETABLE CHILI PASTA (V)

Chefs selection of vegetables, cooked in our creamy chilli sauce, served with fresh parmesan, crispy onions and garlic bread.

FISH OF THE DAY*

Please ask your server.

***ALL MAINS SERVED WITH TRADITIONAL VEGETABLES, MASHED POTATOES AND ROAST POTATOES**

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www.theponderosabar.com | 028 777 41987 | info@theponderosabar.com

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SIDES £4

Chips | Garlic Chips | Salt 'n' Chilli Chips | Fries | Champ | Mash | Fresh Market Veg
Tobacco Onions | Tossed Salad | Sauté Mushrooms | Stuffing

SAUCES £3

Peppercorn (C) | Pan Gravy (C) | Bacon & Leek (C) | Mushroom & Bushmills (C)

DIPS £2

Mayo | Garlic Mayo | Sweet Chilli | BBQ | Sweet chilli mayo | Tomato Ketchup | Truffle mayo
| Curry

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DESSERTS

CHOCOLATE FUDGE CAKE

Warm chocolate fudge cake served
with vanilla ice cream

HOMEMADE CHEESECAKE

Please ask your server

FRESH FRUIT PAVLOVA (C)

Homemade fresh fruit pavlova served
with fresh cream

SELECTION OF ICE CREAMS (C)

Please ask your server

TEAS & COFFEE

Americano £2.95

Espresso £2.50

Double espresso £3.50

Latte £3.00

Flavoured latte £3.50

Cappuccino £3.00

Flat white £2.50

Tea £2.50

Pot of tea for 2 £3.50

Decaf coffee £2.50

Decaf tea £2.50

Iced latte £3.00

Herbal tea £2.50

Hot chocolate £3.00

KIDS SUNDAY LUNCH MENU



the ponderosa
IRELAND'S HIGHEST BAR & RESTAURANT

AVAILABLE FOR OUR GUEST UNDER 12 YEARS OF AGE AND YOUNGER

STARTERS £2.50

- Soup of the day
- Garlic Bread

MAINS £6.50

- Turkey & Ham Dinner
- Roast Beef Dinner
- Chicken Dinner

- Sausages
- Chicken Nuggets
- Beef Burger
- Pasta Carbonara with Chicken

All mains (except Sunday dinners and pasta) served with a choice of: chips, mash or skinny fries.



SWEET TREATS £3.50

- Chocolate fudge cake with ice-cream
- Sundae - pick from:

ICE-CREAM: strawberry, vanilla chocolate or bubblegum

SAUCE: Chocolate or Strawberry

TOPPINGS: Smarties, Sprinkles

BLUEBERRY & RASPBERRY SLUSHY £2.50