



the ponderosa
IRELAND'S HIGHEST BAR & RESTAURANT

Sunday Lunch

2 COURSES £20.95 | 3 COURSES £24.95

GFO GLUTEN FREE OPTION | **V** VEGETARIAN | **C** COELIAC | **N** CONTAINS NUTS

STARTERS

CHEF'S HOMEMADE SOUP **(GFO)**

Freshly made soup of the day served with wheaten bread.

STICKY CHICKEN

Deep fried chicken strips, tossed with our honey and chilli sauce, served with salad garnish and garlic aioli.

SALT & CHILLI VEGAN GOUJONS **(VEGAN)(C)**

Plant-based crispy fried vegan goujons, tossed with our salt & chilli mix. Served with green salad and a sweet chilli dip.

SMOKED SALMON **(GFO)**

Donegal's prime fish oak-smoked salmon, served with dressed baby leaves, house wheaten bread, lemon mayo and crispy capers.

CHICKEN CAESAR SALAD **(GFO)**

Grilled chicken, gem lettuce, crispy bacon, garlic & herb croutons, Caesar dressing, parmesan shavings.

GARLIC MUSHROOMS **(V)**

Crispy golden fried breaded mushrooms served with mixed leaves and garlic aioli.

MAINS

TRADITIONAL ROAST TURKEY*

Roast turkey, ham and herb stuffing parcel. Served with chipolata sausage and topped with a rich pan gravy.

PRIME ROAST SILVERSIDE OF BEEF* **(GFO)**

Served with Yorkshire pudding and smothered in a rich pan gravy.

TRIO OF ROAST MEATS*

Roast turkey, ham and beef served with stuffing, yorkshire pudding, chipolata sausages and a rich pan gravy. £3 supp.

PONDEROSA STEAK BURGER

6oz steak burger, lettuce, tomato, Ballymaloe relish, grilled bacon and melted cheddar cheese served in a brioche bun with homemade chips.

CHICKEN TOWER **(GFO)**

Grilled chicken fillet, mashed potatoes, crispy tobacco onions & smothered in house sauce: Bacon & leek, peppercorn or gravy.

8OZ RUMP STEAK* **(C)**

Served with your choice of sauce. £3 supp.

HOUSE VEGETABLE CURRY **(V)**

Chefs selection of vegetables, cooked in our house Chinese-style curry sauce. Served with a choice of boiled rice, chips or ½ and ½ (£1.50 supp). Add chicken for £3.

SUNDAY SIDE SHOW **(V)**

Mash potatoes, roast potatoes, stuffing, traditional vegetables, yorkshire pudding and rich pan gravy, (£13.00)

FISH OF THE DAY*

Please ask your server.

*IDENTIFIES MAINS THAT ARE SERVED WITH TRADITIONAL VEGETABLES, MASHED POTATOES AND ROAST POTATOES



Sunday Lunch

www.theponderosabar.com | 028 777 41987 | info@theponderosabar.com

2 COURSES £20.95 | 3 COURSES £24.95

SIDES £4.50

Chips | Garlic Chips | Salt 'n' Chilli Chips | Skinny Fries | Champ | | Fresh Market Veg | Mash
| Tobacco Onions | Tossed Salad | Sauté Mushrooms | Boiled Rice

SAUCES £3.50

Pan Gravy (C) | Bacon & Leek (C) | Peppercorn (C) | Red Wine Gravy (C) | Curry

DIPS £2.50

Mayo | Garlic aioli | Sweet Chilli | BBQ | Sweet chilli mayo | Tomato Ketchup | Frank's Hot Mayo

GFO GLUTEN FREE OPTION | V VEGETARIAN | C COELIAC | N CONTAINS NUTS

DESSERTS

CHOCOLATE FUDGE CAKE

Warm chocolate fudge cake served with vanilla ice cream

CHEESECAKE OF THE DAY

Please ask your server for details.

SWEET OF THE DAY

Please ask your server for details.

FRESH FRUIT PAVLOVA (C)

Homemade fresh fruit pavlova served with fresh cream

SELECTION OF ICE CREAMS (C)

Please ask your server

TEAS & COFFEE

Americano £2.95

Espresso £2.50

Double espresso £3.50

Latte £3.00

Flavoured latte £3.50

Cappuccino £3.00

Flat white £2.50

Tea £2.50

Pot of tea for 2 £3.50

Decaf coffee £2.50

Decaf tea £2.50

Iced latte £3.00

Herbal tea £2.50

Hot chocolate £3.00

Please inform your server of any allergies or dietary requirements. Careful precautions are taken when preparing dishes. However, the risk of cross contamination is always present. This kitchen handles nuts & shellfish