

Starters

SOUP OF THE DAY | £5.50

Homemade soup served with house wheaten bread

CHICKEN CAESAR SALAD | £7.50 | £13.00 STARTER | MAIN

Grilled chicken, gem lettuce, crispy bacon, garlic & herb croutons, Caesar dressing and parmesan shavings

SALT 'N' CHILLI SQUID | £7.50

Crispy fried shredded squid, tossed with our salt 'n' chilli mix, spring onions and bell peppers. Served with garlic mayo dip

STICKY KOREAN BBQ WINGS | £7.50

Confit chicken wings, our authentic, oriental Korean BBQ sauce, black sesame seeds and spring onions

GOATS CHEESE SALAD | £7.50

Mixed leaves, baby beetroot, candied nuts and basil dressing

CRISPY CHICKEN | £7.50

Tossed with spring onions & bell peppers. Served with garden salad, siracha & garlic dips

Vegetarian

WILD MUSHROOM & PARMESAN PASTA | £13.50

Sauteed wild mushrooms, onions, garlic cream sauce, Tagliatelle pasta, served with parmesan shavings and garlic bread

GOATS CHEESE SALAD | £13.50

Grilled goats cheese, mixed leaves, baby beetroot, candied nuts and basil dressing

 GLUTEN FREE OPTION  VEGETARIAN  COELIAC  CONTAINS NUTS

Beef

PONDO BURGER | £13.00

McAtamney's 6oz steak burger, lettuce, tomato, Ballymaloe relish, grilled bacon and melted cheddar cheese served in a brioche bun with homemade chips

KOREAN BBQ BEEF | £17.50

Tender steak strips, spring onions, bell peppers, our Korean BBQ sauce and crispy onions. Served with rice, chips or 1/2 & 1/2 (£1.50 extra)

STEAK SELECTION

All our steak are supplied by our local butcher, McAtamney's. All their meat is handpicked and locally sourced. Please allow 20 minutes for a well-done steak

10 OZ SIRLOIN STEAK | £24

10 OZ RIBEYE STEAK | £24

8 OZ RUMP STEAK | £19

BIRD & BULL (CHICKEN & RUMP) | £24

All steaks are served with grilled tomato, mushrooms, choice of side & sauce

Fish

FISH & CHIPS | £16.00

Freshly battered fish, mushy peas, tartare sauce and homemade chips

FISH OF THE DAY

Please ask your sever for details
Fresh catch of the day served with baby boiled potatoes, steamed green vegetables and a herb butter

 GLUTEN FREE OPTION  VEGETARIAN  COELIAC  CONTAINS NUTS

A la Carte Menu

www.theponderosabar.com | 028 777 41987 | info@theponderosabar.com

 GLUTEN FREE OPTION  VEGETARIAN  COELIAC  CONTAINS NUTS

Please inform your servers if you have any allergies or dietary requirements

Chicken

CHICKEN TOWER | £16.00

Grilled chicken fillet, mashed potatoes, tobacco onions, smothered in our house sauce: Bacon & leek, peppercorn or gravy

CHICKEN GOUJONS | £13.00

Homemade breaded chicken goujons, tossed salad, homemade chips and a choice of dip

HONEY CHILLI CHICKEN | £16.00

Crispy chicken, spring onions, peppers and our honey chilli sauce. Boiled rice, chips or 1/2 & 1/2 (£1.50 extra)

CHICKEN & GOATS CHEESE SALAD | £16.00

Grilled chicken & goats cheese, mixed leaves, baby beetroot, candied nuts & pesto dressing

Loaded Fries

HONEY CHILLI CHICKEN | £12.50

Onions & peppers, drizzled with garlic mayo

CRISPY SALT 'N' CHILLI CHICKEN | £12.50

Onions & peppers, drizzled with taco sauce

PARMESAN & TRUFFLE | £12

Crispy onions, parmesan & truffle mayo

Specialities

PONDO FRY | £12

2 sausages, 2 bacon rashers, soda farl, potato bread, Clonakilty black pudding, grilled tomato, mushrooms, fried egg and beans. Available until 3pm

SEAFOOD CHOWDER | £7.00 | £13.50

STARTER | MAIN

Traditional Irish, Seafood chowder served with house wheaten bread


SHEPHERD'S PLATE | £18.00

Our signature dish:
Slow cooked Sperrin Lamb & potato Bon Bons served on a bed of garden peas and baby carrots. drizzled with onion gravy

Sides

Chips | Garlic Chips | Salt 'n' Chilli Chips
Skinny Fries | Champ | | Fresh Market Veg
Tobacco Onions | Tossed Salad
Sauté Mushrooms | Boiled Rice | Baby Boils
£3.50

Sauces

All sauces are gluten free  : Peppercorn
Pan Gravy | Bacon & Leek | Bushmills
£2.50